



# Evolution Sails Women's Regatta

13/14 September 2024

# Sailing Instructions

The organising authority is:  
Waikawa Boating Club (WBC),  
PO Box 52 Picton  
+64 3 573 6798  
[www.waikawaboatingclub.co.nz](http://www.waikawaboatingclub.co.nz)  
[events@waikawaboatingclub.co.nz](mailto:events@waikawaboatingclub.co.nz)



## 1. RULES

- 1.1. The series will be governed by the rules as defined in the current Racing Rules of Sailing, published by World Sailing and Yachting New Zealand (RRS).
- 1.2. The Yachting New Zealand (YNZ) Safety regulation's part II category 5 shall apply to all keel boats.
- 1.3. The YNZ safety regulation's part V Category B shall apply to all trailer yachts.
- 1.4. The YNZ safety regulation's part VI Category B shall apply to all sports boats.
- 1.5. Eligibility:
  - 1.5.1. Yacht owners must be a full financial member of a club recognised by Yachting New Zealand.
  - 1.5.2. Yacht must be registered with YNZ.
  - 1.5.3. Each boat crew must, at a minimum, have 70% (rounded up) of its crew female, including the helmsperson. A table is provided as Appendix A.
- 1.6. Appendix T *Arbitration* will apply. The scoring abbreviation for a penalty accepted at an arbitration hearing is ARB.
- 1.7. Racing Rules will be changed as follows:
  - 1.7.1. Should there be any conflict between the Notice of Race (NOR) and these Sailing Instructions (SIs) the SIs shall prevail. This changes RRS 63.7
  - 1.7.2. Boats with movable ballast, in the form of canting keel or water ballast may move that ballast to increase or decrease weight, or to change trim and stability. This changes RRS 51.
  - 1.7.3. RRS 52 shall not apply to the adjustment of canting keel or water ballast.
  - 1.7.4. Powered winches either electric or hydraulic, are permitted. This changes RRS 52
  - 1.7.5. Sports Boats. Category B, Rule 12 shall be changed to read "Outboard motors must be carried and stowed so that they can be used within a maximum of 5 minutes". This is because there may not be rescue boats in attendance.
- 1.8. While racing, all boats with a lifting keel must have the keel locked in the full down position and not moved whilst racing.
- 1.9. A minimum of 3 boats will constitute a division. The Organising Authority reserves the right to combine divisions. In this case the committee reserves the right to re-arrange Warning Signal times in SI 6.
- 1.10. While racing all boats must display their division pennant from the backstay or from the starboard shroud where there is no backstay.
- 1.11. Prior to docking out on the first day of sailing all skippers must complete the attached crew briefing form, photograph and e-mail to [events@waikawaboatingclub.co.nz](mailto:events@waikawaboatingclub.co.nz) [DP]

## 2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official noticeboard in the Waikawa Boating Club (WBC) wardroom and may be posted on the WBC website.

## 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any changes to the SIs will be posted before 0900 hours on the day that they will take effect, except that any change to the schedule of races will be in accordance with 5.2

#### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the WBC flagstaff, which is located on the marina side of the clubhouse.
- 4.2. When the AP flag is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

#### 5. SCHEDULE OF RACES/DIVISION FLAGS

- 5.1. **Division 3** White pennant. This is a non-spinnaker division. No Spinnakers or extras may be set. The only sails that are permitted are normal upwind sails that shall be attached in the same manner as if the yacht were sailing too windward. Headsails must be attached to a permanent load bearing forestay with only one headsail per forestay. Headsails may be held out with a spinnaker or jockey pole as long as that pole is attached to the mast.

#### 5.2. Schedule

Friday 13th 09.00 briefing at WBC

Friday 13th- Harbour courses and /or Buoy courses

Saturday 14th - Buoy courses and /or Harbour courses

- 5.3. Races are scheduled as follows:

DAY DATE	DIVISION	DIVISION FLAG	NO OF RACES SCHEDULED	TIME OF FIRST WARNING
Friday 13th	Division 3	White pennant	2	10.25
	Division 1	Purple pennant	2	10.30
	Division 2	Yellow pennant	2	10.35
Saturday 14 <sup>th</sup>	Division 3	White pennant	2	10.25
	Division 1	Purple pennant	2	10.30
	Division 2	Yellow pennant	2	10.35

One extra race on either day may be sailed to suit conditions or forecast conditions. Any such changes will be signaled on VHF Ch77.

- 5.4. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound, at least five minutes before the warning signal is made.
- 5.5. For subsequent races on the same day, the scheduled time of the warning signal for the next race, for each division, will be displayed with Flag L, as soon as possible after the finish of the preceding race. The time will also be advised on VHF channel 77.
- 5.6. On Saturday 14<sup>th</sup> September no warning signal will be made after 1400 hrs

#### 6. RACING AREA

- 6.1. The racing area will be on the waters Queen Charlotte Sound

#### 7. COURSES TO BE SAILED

- 7.1. The course card shows the courses, including approx. angles between legs, the order in which marks are to be passed and the side on which the mark is to be left.
- 7.2. No later than the warning signal, the race committee will indicate the course to be sailed, by placing a letter in black on the course board (displayed on the committee boat) adjacent to the division pennant.

7.3. No later than the warning signal, the race committee will display the approximate bearing to the first mark on the course board.

## 8. MARKS (refer attached course sheet.)

8.1. Marks 1 Large Yellow cylindrical buoy, marks 1A, 2, 3 and 4 will be red inflatable triangle buoys with a white Rotary logo.

8.2. New marks, as provided for in instruction SI 11 will be an orange inflatable buoy.

## 9. AREAS THAT ARE OBSTRUCTIONS

9.1. All ferries and ships over 500 tonnes shall be classed as an obstruction.

9.2. There are specific “Moving Prohibited Zones” around ships over 500 tonnes in the Marlborough Sounds. **No vessel shall enter the zone around the ships, which extends 500 meters ahead, 50 meters down either side and 50 meters astern.** This is a Marlborough District Council (MDC) Navigational bylaw.

9.3. A boat’s engine may be used to avoid an obstruction, provided that such use of the engine does not give that yacht any advantage. The use of an engine must be notified to the Race Committee as soon as practicable.

## 10. THE START

10.1. Races will be started using RRS Rule 26. The warning signal for each succeeding division shall be the starting signal of the previous division.

10.2. The start line shall be a line between an orange staff on the Race Committee vessel and the starting pin (buoy) with an orange flag.

10.3. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.4. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5. Any yacht which is starting late must not interfere with boats starting in a later division.

10.5. Individual Recalls: If there is an individual recall in any division, it will be signaled in accordance with RRS 29.1. If any part of the boat’s hull, is on the course side of the starting line at the start signal, the race committee will attempt to broadcast her name and/or sail number on VHF channel 77. Failure to make a broadcast will not be grounds for redress. This changes RRS 62.1(a).

10.6. General Recall: A general recall in any division will be signaled in accordance with RRS 29.2. The new Warning Signal for the recalled division will be the same time as the start signal for the last scheduled start. This changes RRS 29.2. For the last scheduled start, the warning signal will be as soon as possible.

## 11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position. If a replacement mark is required, the original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

## 12. THE FINISH

12.1. The finishing line is between a staff displaying a blue flag on the committee boat at the starboard end and the course side of the port end finishing mark with an orange flag.



- 12.2. The race committee may move the finish line by repositioning the port end finishing mark (pin) and the committee boat to a position on a leg of the course. This will be signaled with code flag “S” and broadcast on VHF channel 77.

### 13. PENALTY SYSTEM

- 13.1. A boat that has taken a penalty or retired under RRS 31 or RRS 44.1, shall complete an acknowledgement form found in the WBC foyer within the protest time limit.
- 13.2. In the event of a complaint from a ferry (ship) pilot / master or harbour master that identifies a vessel, or vessels that did not abide with SI 9.2, the impeding identified vessel, or vessels will be disqualified (DSQ) from the race.  
This is done on the understanding that boats take part knowing that the word of the complaining ships master will be taken as true.

### 14. TIME LIMITS

- 14.1. The race time limit is shown in the table below

	Target time	Time limit
Harbour courses	1.5 hours	2.25 hours
Buoy courses	1 hour	1.75 hours

- 14.2. Boats failing to finish within the Time Limit, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than that scored by the last boat that finished within the time limit. This changes RRS 35, A5

### 15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. A boat intending to protest shall, in addition to the requirements in RRS 61.1(a), inform a member of the committee vessel at the finish line of her intention to protest and the identity of the boat(s) that they are protesting against. The protesting boat must receive an acknowledgement from the race committee.
- 15.2. Protest forms are available in the foyer of the WBC and shall be delivered to race management in the Regatta office within the protest time limit.
- 15.3. The protest time limit is 60 minutes after the last boat of that division has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- 15.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or names as witnesses. Hearings will begin at the time posted.
- 15.5. Notices of protest by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 15.6. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 15.7. On the last scheduled day of racing, any request for reopening a hearing shall be delivered.  
a) within the protest time limit if the requesting party was informed of the decision on the previous day.

b) no later than 30 minutes after the requesting party was informed of the decision on that day.

15.8. Breaches of instructions 10.3, 17, 20, 22, 23, 24, 26 will not be grounds for protest by a boat. This changes RRS 60.1(a).

## **16. SCORING SYSTEM**

16.1. Yachts will be assigned handicaps for the regatta, these will be published on the website on Thursday 12th September, on the notice board and available at race briefing.

16.2. The Handicapping Committee reserves the right to review an individual yacht's handicap after each race.

16.3. The decision of the handicap committee will be final.

16.4. Handicap results will be calculated using Sailwave and the Sailwave standard scientific calculation conventions.

16.5. Any communications with the handicap committee must be in writing.

16.6. Any scoring inquiries must be submitted in writing on the scoring inquiry form available in the foyer of the WBC.

16.7. A minimum of 3 races shall constitute a series.

16.8. A boat's series score will be the total of her race scores This changes RRS A2.1

## **17. SAFETY REGULATIONS**

17.1. Prior to the beginning of racing each day and once the Committee vessel is on station, it will call competing boats on VHF Ch77 in alphabetical order to confirm they are racing and record the total of persons on board (POB).

17.2. A boat retiring from racing shall notify the Race Committee. Any boat leaving the racing area before the end of the days racing shall notify the Race committee on Channel 77 before leaving.

17.3. All competitors on boats without lifelines, must always wear personal flotation devices (PFD).

17.4. A boat must carry sufficient PFDs for all persons onboard.

17.5. All competing boats and support vessels must have a marine VHF transceiver with enough battery capacity to be still fully operational at the end of each day.

## **18. REPLACEMENT OF CREW OR EQUIPMENT**

18.1. Substitution of competitors will not be allowed without prior written approval of the race committee via club office.

18.2. Substitution of lost or damaged equipment will not be allowed unless authorized by the Race committee via the Club office. Requests for substitution shall be made in writing to the Race Committee via the Club office, at the first reasonable opportunity.

## **19. EVENT ADVERTISING**

19.1. Boats may be required to display advertising chosen and supplied by the organizing authority and placed in accordance with any instructions for its use and without interfering with its functionality.

## **20. SUPPORT VESSELS**



- 20.1. Except when requested to participate in rescue operations, team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the start of the first division until all boats have finished or retired from the race or if the race committee signals a postponement or abandonment.
- 20.2. Attention is drawn to the relevant local council bylaws regarding wearing of lifejackets and other restrictions.
- 20.3. When Flag V (with a long sound signal) is displayed on a committee vessel all support vessels are requested to remain afloat and assist all sailors.

## **21. DIVING EQUIPMENT AND PLASTIC POOLS**

- 21.1. Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

## **22. RADIO COMMUNICATION**

- 22.1. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones. [DP]
- 22.2. The Race officer may communicate with all boats on VHF channel 77, for instance to inform of ship movements, advise change of course etc.

## **23. PRIZES**

- 23.1. Prize giving will be held on the evening of Saturday 14th September incorporating both days racing.

## **24. HAUL OUT RESTRICTIONS**

- 24.1. Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

## **25. DISCLAIMER**

- 25.1. Although the WBC and its volunteers do everything they can to ensure the safety of the competitors, all those who take part in WBC races do so at their own risk and responsibility. See Rule 4, decision to race RRS.
- 25.2. The WBC is not responsible for the seaworthiness of a yacht whose entry is accepted and/or the sufficiency and/or adequacy of its equipment, or the competence of its skipper or crew.
- 25.3. The organising authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during or after the series.
- 25.4. Skippers and crew are reminded about their responsibilities on the water when it comes to the consumption of alcohol.
- 25.5. The WBC reserves the right to refuse entry at any time of any yacht up until the preparatory signal.

**APPENDIX A**  
**Maximum Men in Crews**

Crew	Men	Women
10	3	7
9	3	6
8	2	6
7	2	5
6	2	4
5	1	4
4	1	3
3	1	2

Clearly the loophole in this is that if you have 5 crew (1m & 4f), you could take on a 6th crew member as a male.

Similarly for the jump from 8-9 crew.

In the interests of the intention and vision for the event, we would encourage owners to where possible, maximise the number of women on the boat.





<b>Crew safety/departure briefing</b>	
Yacht name	
Date	
Time	
Skipper	
No of crew onboard	
	<b>Check</b>
Today's passage racing plan	
Weather forecast/tide/Current	
Lifejackets – location, try them on (explain use of tethers and jackstays)	
MOB procedure and equipment (including MOB button and VHF channel 16 use)	
Safety Equipment locations, EPIRB, first aid kit, flares, fire extinguishers, through hull valve location, Gas Safety	
Hazards: Falling overboard, Boom and main sheet, winches, open hatches, hold on while down below	
Crew positions and procedures (starting main engine, reefing, gybing, headsail changes, heavy weather plan)	
Medical conditions onboard? (Identify medic onboard)	RC
Get Crew emergency contact numbers (next of kin)	RC
<b>Notes/debrief:</b>	

Skippers are reminded of their responsibilities as per Part 2, 2.01 of the 2021-2024 YNZ Safety Regulations of Sailing: “2.01 The safety of a vessel and her crew is the sole and inescapable responsibility of the skipper who must do their best to ensure that the vessel is fully found, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather.”

